

Cardiovascular Nursing Practice: A Comprehensive Resource Manual and Study Guide for Clinical Nurses 2nd Edition

Table of Contents – Volume 1

Chapter 1: Cardiovascular Anatomy and Physiology

- Basic Cardiac Anatomy
- Circulatory System
- Cardiac Cycle
- Coronary Circulation
- Cardiac Action Potential
- Contractile Properties of Cardiac Muscle
- Cardiac Conduction System
- Hemodynamic Principles
- The Cardiopulmonary Circuit and Delivery of Oxygen
- Neurological Control of the Heart and Blood Pressure
- Regulation of Fluid Balance

Chapter 2: Cardiovascular Assessment

- Health History
- Physical Assessment
 - Assessment of Skin
 - Assessment of Nail Beds
 - Cyanosis Assessment
 - Vital Signs
 - Jugular Vein Evaluation
 - Hepatojugular Reflex
 - Cardiac Examination
 - Heart Sounds
 - Examination of Extremities
 - Assessment of Bruits

Chapter 3: Oxygenation and Pulmonary Physiology

- Overview
 - Control of Breathing
 - Muscles of Inspiration and Expiration
 - Process of Inspiration
 - Anatomy of the Pulmonary System

- Conducting Airways
- Gas Exchange Airways
- Lung Volumes
- Physical Assessment
- Pulmonary Physiology
 - Ventilation
 - Perfusion
 - Diffusion of Gases Across the Alveolar Capillary Membrane
 - Transport of Gases in the Blood
 - Oxygen Delivery to the Tissues / Consumption / Reserve
 - Cellular Respiration
- Acid-Base Balance
- Oxygen Therapy and Mechanical Ventilation
 - Oxygen Therapy
 - Mechanical Ventilation

Chapter 4: Hemodynamics / Intra-aortic Balloon Pump Therapy

- Hemodynamic Concepts
- Invasive Hemodynamic Monitoring
- Altered Hemodynamic States Due to Cardiac Abnormalities
- Oxygen Delivery to Tissues
- Left Ventricular Function Curves
- Intra-aortic Balloon Pump Counterpulsation

Chapter 5: Cardiac Arrhythmias

- Basics of Rhythm Interpretation
- Rhythms Originating in the Sinus Node
- Rhythms Originating in the Atria
- Supraventricular Tachycardias
- Rhythms Originating in the AV Junction
- Rhythms Originating in the Ventricles
- AV Blocks
- Asystole
- Bundle Branch Blocks
- Differential Diagnosis of Wide QRS Beats and Tachycardias
- Accessory Pathway Conduction
- Bedside Cardiac Monitoring
- Practice Strips
- Practice Strip Answers

Chapter 6: 12 Lead Electrocardiography

- Introduction
- Anatomy of a 12 Lead ECG
- ECG Leads
- Normal Cardiac Depolarization
- The 12 Views of the Heart
- Normal and Abnormal ECG Waveforms and Intervals
- Frontal Plane Axis
- Bundle Branch Block
- Fascicular Blocks (Hemiblocks)
- Chamber Enlargement

Preexcitation Syndromes
Ischemia, Injury and Infarction
Locating the Infarction on the 12 Lead ECG
Myocardial Ischemia and Non-ST Elevation Myocardial Infarction
Brugada Syndrome
Long QT Syndromes
Ischemia and MI Practice

Chapter 7: Risk Factors and Prevention of Coronary Artery Disease

Overview
Nonmodifiable Risk Factors
Modifiable Risk Factors
 Tobacco Use
 Hypertension
 Dyslipidemia
 Diabetes Mellitus
 Obesity
 Metabolic Syndrome
 Physical Inactivity
 Stress, Depression, and Other Psychosocial Risk Factors
 Alcohol
 Obstructive Sleep Apnea
Additional Issues in Risk Assessment

Chapter 8: Coronary Artery Disease

Introduction
Pathophysiology of Coronary Artery Disease
Clinical Signs and Symptoms of Coronary Artery Disease
Diagnosis of Coronary Artery Disease
Management of Stable Ischemic CAD
Acute Coronary Syndrome
ST Segment Elevation MI (STEMI)
Non-ST Segment Elevation MI / Unstable Angina
Special Populations in ACS
Special Circumstances
Long Term Management of ACS

Chapter 9: Heart Failure

Introduction
Clinical Presentation
Etiology
Initial Evaluation
Classifications of Heart Failure
Pathophysiology
Ongoing Assessment in Heart Failure Management
Treatment Goals
Pharmacological Treatment of Heart Failure
Nonpharmacological Treatment Strategies for Heart Failure
Special Issues in Heart Failure
Comprehensive Disease State Management

Chapter 10: Cardiomyopathy

- Introduction
- Dilated Cardiomyopathy
- Restrictive Cardiomyopathy
- Hypertrophic Cardiomyopathy (HCM)
- Arrhythmogenic Right Ventricular Cardiomyopathy
- Tako-Tsubo (Stress) Cardiomyopathy (TCM)

Chapter 11: Valve Disease

- Overview
- Normal Valve Function
- Aortic Valve Disease
 - Aortic Stenosis
 - Aortic Regurgitation
- Mitral Valve Disease
 - Mitral Regurgitation
 - Mitral Stenosis

Table of Contents – Volume 2

Chapter 12: Inflammatory Cardiovascular Disease: Diseases Involving the Pericardium, Myocardium, and Endocardium

- Layers of the Heart
- Pericardial Diseases
 - Pericarditis
 - Pericardial Effusion
 - Cardiac Tamponade
 - Constrictive Pericarditis
- Myocardial Disease
 - Myocarditis
- Endocardial Disease
 - Infective Endocarditis

Chapter 13: Peripheral Arterial Disease and Ischemic Stroke

- Peripheral Arterial Disease Overview
- Lower Extremity PAD
- Renal Artery Disease
- Aortic Aneurysms
- Thoracic Aneurysms and Acute Thoracic Aortic Disease
- Carotid Disease and Ischemic Stroke

Chapter 14: Cardiovascular Drugs

- Physiologic Basis of Cardiovascular Drug Therapy
- Angiotensin Converting Enzyme Inhibitors (ACEI)
- Angiotensin Receptor Blockers (ARBs)
- Aldosterone Blockers
- Renin Inhibitors
- Beta Blockers
- Calcium Channel Blockers
- Diuretics
- Vasoactive Drugs
- Antithrombotic Drugs

Antiarrhythmic Drugs

Anti-Lipid Drugs

Chapter 15: Cardiac Catheterization and Interventional Cardiology

Diagnostic Cardiac Catheterization

Percutaneous Coronary Interventional Procedures

Chapter 16: Open Heart Surgery and Coronary Artery Bypass Grafting (CABG)

Overview

Preoperative Care

Traditional CABG

Alternatives and Adjuncts to Traditional CABG

Graft Material in CABG

Postoperative Care

Postoperative Complications

Special Patient Populations

Post-Discharge Planning and Education

Chapter 17: Electrical Management of Arrhythmias

Defibrillation

Cardioversion

Pacemakers

Dual Chamber Pacemakers

Cardiac Resynchronization Therapy

Minimizing Unnecessary Right Ventricular Pacing

Implantable Cardioverter Defibrillators (ICDs)

Electrophysiology Studies and Radiofrequency Catheter Ablation for Arrhythmias

Single Chamber Pacing Terminology

Dual Chamber Pacemaker Terminology

Practice Strips: Pacemakers and ICDs

Answers

Chapter 18: Non-cardiac Issues in the Cardiac Patient

Pulmonary Pathophysiology

Electrolyte Abnormalities

Renal Issues in Cardiac and Critical Care

Sepsis

Delirium

CHAPTER 19: Shock States, Sudden Cardiac death and Targeted Temperature Management

Introduction

Altered Hemodynamic States: Shock States

Sudden Cardiac Death

Targeted Temperature Management Post Cardiac Arrest

CHAPTER 20: Adults with Congenital Heart Disease

Introduction

Classification of Congenital Heart Defects

Congenital Heart Defects Affecting Adult Patients

Atrial Septal Defects

Patent Foramen Ovale

Ventricular Septal Defects

Patent Ductus Arteriosus
Tetralogy of Fallot
Transposition of the Great Arteries (TGA)
Ebstein's Anomaly
Single Ventricle Defects
General Issues Related to Adults with Congenital Heart Disease